



HOLY FAMILY PARISH

NEWSLETTER

www.holyfamilyparish.org.uk



St Joseph's & St Elizabeth's edition

Issue #40

Corpus Christi

Year A 6th / 7th June 2026

On this glorious Feast of Corpus Christi, the Church asks us to stand in awe before the greatest treasure she possesses: not a building, not a book, not a work of art, but a living Person—Jesus Christ Himself, truly present in the Blessed Sacrament, giving us His Body, Blood, Soul and Divinity. This feast is not only about what we believe; it is about whom we receive. It is about the astonishing humility of God, who does not merely speak to us, guide us, or forgive us from a distance, but feeds us with Himself. In the Gospel, Jesus declares: “I am the living bread which has come down from heaven.” He does not simply give bread. He is the Bread. He does not merely point us toward life. He gives us life by giving us Himself.

And He does this in a way that is almost overwhelming in its intimacy. “My flesh is real food,” He says, “and my blood is real drink.” These are not symbolic words meant only to inspire warm feelings. At every Holy Mass, we are taken to Calvary, to the foot of the Cross next to the Blessed Virgin Mary, the beloved disciple and the holy women. The once-for-all sacrifice of Jesus is made sacramental. Heaven touches earth. The crucified and risen Lord gives Himself to His people.

In the tabernacle, He is humbly, quietly, lovingly waiting for us, to strengthen the weary, forgive the sinner, console the sorrowful, steady the anxious, and fill the empty heart. He waits to receive us, so that we may receive Him. Let us never become bored with the Mass. Let us come to the altar with reverence, gratitude, and hunger. For here is the gift beyond all gifts: Jesus Christ Himself, our food for the journey, our sacrifice, our companion, our heaven already hidden on earth.

1st: Deut 8:2-16 He fed you with manna, which you did not know, nor did your fathers know

Psalm 147 R/ O Jerusalem, glorify the Lord!

2nd: 1 Cor 10:16-17 Because there is one bread, we who are many are one body.

Acclamation Alleluia! Alleluia! I am the living bread that came down from heaven, says the Lord. If anyone eats of this bread, he will live forever. Alleluia!

Gospel John 6:51-58 My flesh is true food, and my blood is true drink.



St Mary's Catholic Pre-School

Sept 2026 intake. Pop into the school for an application form or contact 01628 627013 for an appointment!



... with the cleaning of St Joseph's Church on a regular basis?
Contact Fr Vuni/ Fr Elvis to share your talents!

June

June			
Sat	6 th	10:00	Joel Cardoso, SI
		18:30	Cornelius Hayes, A
Sun	7 th	08:00	Florinda Fernandes, A
		09:15	Beldom Family, SI
		11:00	Stephanie Moraes, SI Rosemarie Gaspe, A
		17:00	Brian Hatley, RIP
Tue	9 th	10:00	Andrea McQueen, SI Mary McLoughlin, A
Wed	10 th	10:00	Livia Maria Monteiro, A
Thu	11 th	10:00	Coleman Family, FM
Fri	12 th	10:00	Rev John Lord Lewington, FM
Sat	13 th	10:00	
		18:30	
Sun	14 th	08:00	Gabriel Fernandes, A
		09:15	
		11:00	Deceased members of Saldanhas Family
		17:00	Mass of the Parish of Holy Family

SACRAMENTALS

All **forms** can be found here:

<https://stjosephsparish.co.uk/newsletter/>

♦ **Baptism Course 7 Jul 7pm** For expecting parents and parents whose child(ren) is being baptised in M'head

♥ **Marriage:** Thinking of getting married? Enquire via our online form!

♥ **MARRIAGE SUPPORT:** If you are just in a rut or for more serious issues – Retrouvaille could be the solution. www.retrouvaille.org.uk +44 797 338 0443

FIRST HOLY COMMUNION & OCIA: Signup opens 15 June.

CONTACTS

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SJ: Fr Elvis 07465 675985

Eberka@portsmouthdiocese.org.uk

HFP/SEC: Fr Vuni 07888 627223

Tvuni@portsmouthdiocese.org.uk

TWY Fr Kevin 07476 367316

Adoration*9.00-10am | **Confessions** Sat after 10am / before 6.30pm Mass
A: Death Anniv; FM: Foundation Mass; RIP: Rest in Peace, SI: Special Intention

HAPPENING IN THE PARISH



HFP: Holy Family Parish ♦ **SE:** St Elizabeth's
SJ: St Joseph ♦ **SEC:** St Edmund Campion
STM: St Thomas More

- ❖ **Children's Liturgy** We hope you all had a great half term (in the sunshine!) and look forward to seeing you and your families on Sun during the 11am Mass at St. Jo's. Come and join us to worship and have fun! For more info, or if you could help us, please contact Tricia Weeks (01628 627265) or email triciaweeksmail@gmail.com
- ❖ **13 June 10– 1pm Safeguarding training** in SEC. Training is MANDATORY for all working in a role with children and/or vulnerable groups. An email invitation will be sent to those holding a role that requires training - you MUST respond to this and confirm your attendance. A reminder will also be sent.
- ❖ **28 June 12.30pm Film: The People's Emergency Briefing** in SJ Centre. See below for more info

REGULAR EVENTS

- ❖ **3rd Sundays 3pm Filipino Mass** SJ Church
- ❖ **Mondays 10am Mother's Prayers** SJ Church
- ❖ **1st & 3rd Tuesdays 2.30 – 4.30pm Union of Catholic Mothers (UCM)** SJ St Liz Room
- ❖ **2nd Thursdays 10.30-11.30am Talkin' Tables by the Catenians** Bardo Lounge, High Street, SL6 1QJ. Come along, buy your own refreshments, and enjoy relaxed conversations!
- ❖ **Thursdays 2pm** Rosary Zoom www.tinyurl.com/2hz5axvp
- ❖ **Fridays 8.45-10:45am Baby & Toddler Group** SEC Centre (term time) / **6pm Legion of Mary** SJ Church.
Contact Tereza for more info 07878 117907

OTHER CHURCH EVENTS

- **13 Jun Annual Pilgrimage to Walsingham** Depart **7am** Our Lady of Peace Burnham **or 7.30am** from St Ethelbert's Church, Slough. Leave Walsingham around 6pm. Tickets at £35 per adult / £25 under 15, contact Edward 07802 753575 or Natty 07397 149269
- **Significant Wedding Anniversaries Mass** for 25/30/40/50/60/>60 years of marriage at St Bede's Basingstoke at **11am Sat 20 Jun** with Bishop Philip, followed by a buffet lunch. kmcguire@portsmouthdiocese.org.uk
- **15-19 Aug CELEBRATE Festival** returns to West Sussex (Worth School). 5 days of worship, teaching and community. See posters or www.celebratefestival.org
- **Sept – May 2027 Praying the Ignatian Spiritual Exercises** Fortnightly Mondays 1.30-3.30pm in person at St Katharine's Parmoor. Group and 1-1 spiritual direction. For more info/ application form, email oxfordsen@btinternet.com

In his message to the World for Laudato Si' Week, Pope Leo reminded us of the message, from Pope Francis to all of us that we should "Care for Our Common Home" as he invited all people to move from 'Hope' to 'Action'. This year marks 800 years since the death of St Francis of Assisi and it should serve as a reminder of his message of love for Creation and for all God's creatures, Pope Leo reminds us that we are all Stewards of Creation and that we have a responsibility to defend both the environment and human dignity for The Glory of God.

We had a screening of "The People's Emergency Briefing" film in the Parish Centre recently. This film highlighted the immediate consequences of recent climate change events on our planet. We are all urged to take responsibility for our actions and care for the environment as individuals, as a community and as a global network of Christians.

We are encouraged to avoid food waste; to include more fruit, fibre and plant-based ingredients in our diet; to reduce our meat consumption; to use public transport and to car share whenever possible. Visit "Filling Good" for a wide range of foodstuffs and household products. We have produced the first of a series of "meat-free" menus and hope to produce others, on a monthly basis, sponsored by the different nationalities within our parish.

Please make time in your daily activity to spend 10 or 20 minutes in an open-air location to appreciate the beauty of our natural world around us. It is intended to have further screenings of The People's Emergency Briefing in the near future. We all encourage to see the film and to bring friends and family also. Thank you.

CLASSES/ EVENTS IN SJ

Some are privately run events

- **8 Jun 11.30-3pm Vintage & Collectables Roadshow** in SJ Hall. See posters
- **13 Jun 10.30am Change your style, change your life workshop** in SJ Hall. £5 discount with code **Rimke2026**
<https://tinyurl.com/4499mys9>
- ***New* Tuesdays sewing circle 11-1pm** in SJ Hall. Contact Una if you want to come!
Unamallia@googlemail.com
- **Mondays 11.30-12.30pm Mindful Movement with Noura** £10/session. Chair and mat-based exercises to support strength, flexibility, balance, and posture. Suitable for beginners
- **Tuesdays: Practical Art** U3A untutored Art Group. Every 1st & 3rd Tues 2-4pm in SJ Hall. Contact Peter 01628 674097
- **Wednesdays: 5-6pm Taichi** in Hall.
- **Thursdays 6pm** Yoga with Una. All proceeds to SJ!

The shop at the Holiday Inn needs donated clothes for families and single people – adult clothes (not children's), trainers etc. Please leave them by the Sacred Heart altar. Suitcases are needed for people leaving the hotel and there is always a request for bikes for children and adults. Thank you for your generosity.