



HOLY FAMILY PARISH NEWSLETTER

www.holyfamilyparish.org.uk



St Joseph's & St Elizabeth's edition
Issue #28

5th Sunday Ordinary Time

Year A

7/8th Feb 2026

Last Monday, we celebrated the beautiful feast of the Presentation of the Lord at Candlemas - the blessing of the candles which we will use throughout the coming year, symbolising Christ as the Light of the World, the light dispelling the darkness of sin.

Our readings today call us to shine our own light of faith out into the world. In Isaiah, we read that "your light shall break forth like the dawn" and "then shall your light rise in the darkness" which will be echoed in our Gospel, "You are the light of the world." What light are Jesus and Isaiah referring to? The light of life that shows compassion for the poor and the needy, a life that is fully committed to justice, to fairness, equity and the alleviation of poverty. Many, many times throughout the Old Testament, the prophets tell the people of Israel that all God wants from them is practical justice, practical, not half-concern - share your food with those who have none, cloth those you see naked, hospitality to those who cannot repay you, care for the sick, the elderly, the widow and the orphan. In short, live with integrity.

Jesus tells us that our good works are not shining out for the benefit of ourselves, so others may praise us, but instead they shine for the glory of God. Jesus leaves no room for our egos here. What we have is given to us by our Father in heaven, for his purposes and for him to use through our lives, in our words and actions. St Paul writes in his letter to the Corinthians that it is through "the power of the Spirit" that he acts. It is a call to put aside our pride in our own knowledge, lay aside our ego once again, to use and to acknowledge the power of God to be what he calls us to be; "the Light of the World, giving light to others, so that they may see.... And give glory to the Father in Heaven".

1st: Isa 58:6-10 Your light shall break forth like the dawn

Ps 112 R/ A light rises in the darkness for the upright

2nd: 1 Cor 2:1-5 I proclaimed to you the mystery of Christ crucified.

Acclamation: Alleluia! I am the light of the world, says the Lord; whoever follows me will have the light of life. Alleluia!

Gospel Mat 5:13-16 You are the light of the world.



Please note that the office will be closed from **16th Feb** for at least 3 weeks as the Carolyn will be having a hip replacement.

Contact Fr Vuni/ Fr Elvis for sacramental/ liturgical & Ruth in SEC for urgent admin only

Magnificat is for sale next to Sacred Heart altar. Do pick up a copy for £5 to follow the daily liturgical readings.



Masses for Ash Wednesday

SJ: 10am & 7pm

SEC: 9.30am & 7pm

TWY: 12pm & 6.30pm

Mothering Sunday cards available for @£1 from the office from next week!

(Re-)Join the Parish! Sign up:
www.stjosephsparish.co.uk

ADULTS



CHILDREN

GIVE DRINK TO THE THIRSTY

The wellbeing of individuals and society depends on the health and stability of families and communities. Providing sustaining drink to those who are thirsty is an essential Work of Mercy. Your donations will be really appreciated by Food Share, Brett Foundation and The Salvation Army who will distribute them to their guests. Bottles, cans or cartons of Water, Juice or Fizz will be ideal for distribution. Thank you for your generosity

Feb 2026					
Sat	7 th	18:30	Nicolasa P, A	Coleman Family, FM	
Sun	8 th	08:00	Mary & Michael Carrigan, A		
		09:15	Louisa Coleman, FM		
		11:00	Antonio Cardoso, SI Gwen Cox, SI	Elizabeth McKeon, A	
		12:30	Baptism: Vincent, Mary, Helen & Rose		
		17:00	Luigi Severino, RIP		
Tue	10 th	10:00	John & Maria Rodrigues, 40 th Anniversary 🛎 Brian Weavers, A		
Wed	11 th	10:00	Beldom Family, SI		
Thu	12 th	10:00	Coleman Family, FM		
Fri	13 th	10:00	Tricia O'Neill, SI	Eduardo Matias, SI	
Sat	14 th	10:00*			
		18:30	John & Maria Rodrigues, SI Pauline Gillett, RIP		
Sun	15 th	08:00	Thomas McCarthy, A	Maria B Fernandes, A	
		09:15			
		11:00	Amelia Thomas, SI		
		17:00	Mass of the Parish of Holy Family		

Adoration*9-10am | **Confessions** Sat after 10am Mass / before 6.30pm Mass
A: Death Anniv; FM: Foundation Mass; RIP: Rest in Peace, SI: Special Intention

Fellow parishioner Anna is relocating from M'head to Genova (Italy) around mid-March, and is wondering if anyone has a van who can take about 6m³ of boxes. Contact her on 07884 759733

Have you used our newly upgraded Dona tablets?

Please do put in your GA info again, and the system will remember it – we do not keep your GA info!



GA Envelopes are available for Collection from the table next to the library



St Mary's Catholic Pre-School

Sept 2026 intake. Pop into the school for an application form or contact 01628 627013 for an appointment!

St. Mary's School warmly welcomes applicants for **Catholic Foundation Governors** from the Holy Family community - to promote our catholic ethos and obligations, challenge and question data and provide strategic leadership.



HFP: Holy Family Parish ♦ **SEC:** St Edmund Campion
SE: St Elizabeth's ♦ **SJ:** St Joseph ♦ **STM:** St Thomas More

DIocese

Formation Days at Pastoral Centre, Winchester **9-1.30pm**

- **9 May Extraordinary Ministers of Holy Communion**
- **17 Oct Day for Readers**

RSVP to liturgy@portsmouthdiocese.org.uk

CLASSES/ EVENTS IN SJ CENTRE

See notice board/ website (some are privately run)

- **Tuesdays: Practical Art** Join U3A untutored Art Group. Bring your art materials and join in the fun every 1st & 3rd Tuesdays 2-4pm in SJ Hall. Contact Peter 01628 674097
- **Wednesdays: 5-6pm Taichi** in Hall.
- **Thursdays 7pm** Yoga with Una in Hall. All proceeds to SJ!

OUTSIDE OUR PARISH EVENTS / PILGRIMMAGES

- **19 Feb 7.30pm An evening with Gold Medalist Paralympian Naomi Riches MBE** <https://www.eventbrite.co.uk/e/an-evening-with-naomi-riches-mbe-tickets-1980549641292>
- **6 Mar 2pm World Day of Prayer** hosted by United Reformed Church (West Street) followed by refreshments. The women of NIGERIA produced this year's service. Please, tell any of your Nigerian friends in the area so that they can be sure to attend.
- **8 Mar 5N Escorted Tour: Westport, Knock & Co Mayo** £899 01268762278/ 07740175557/ knockpilgrimimages@gmail.com
- **1 Jun 5N Assisi Pilgrimage** jcjourneys.com/assisi-june-2026

SACRAMENTALS All **forms** can be found here: <https://stjosephsparish.co.uk/newsletter/>

💧 **Baptism Course 3 Mar 7pm** For expecting parents and parents whose child(ren) is being baptised in M'head

♥ **Marriage:** Thinking of getting married? Enquire via our online form!

♥ **Retrouvaille** brings hope & healing to relationships. **12 Feb.** www.retrouvaille.org.uk Tel: 07887 296983

Confirmation & First Holy Communion Classes:

○ **FHC Stage 2:** Next class **SJ: 9.30am 8 Feb.** Please refrain from bringing devices to class/church.

🔥 **Confirmation** Next class **SEC: 7 Feb 4.30pm** school. Please bring along your Mass attendance cards.

🙏 **OCIA:** We continue to pray for our candidates as they prepare to be fully initiated on 4 April (Easter Vigil)

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Fr Vuni 07888 627223 Tvuni@portsmouthdiocese.org.uk Fr Elvis 07465 675985 Eberka@portsmouthdiocese.org.uk

HAPPENING IN THE PARISH

- ❖ **9 Feb Dealing with life's transitions with scripture and the spiritual masters** Talk by Dr Judith Thomas. In SEC after 9:30am Mass
- ❖ **21 Feb 2-6pm Annual Lenten Retreat in English & Konkani.** Led by Fr Lukas
- ❖ **21 Feb 7.30pm Quiz Night** in SJ Centre (doors open from 7pm). Form a team or join one! Tickets @£10. Bring your own drinks. Tickets on sale from Vision Group members.

LENT

- ❖ **27 Feb Lent Family Fast Day** Let us support the work of CAFOD by giving up a meal, or fasting for the day and support Communities in South Sudan & Bangladesh survive the impact of extreme climate conditions.
- ❖ **CAFOD's Big Lent Walk:** join as an individual, a family or a group to undertake a daily 5km walk and raise sponsorship funds to help with the building of eco-gardens or solar-powered pumps for communities in need. Thank you for your support!

UPDATES

- ❖ **19th Maidenhead (HFP) Scout Group** To support fun and exciting activities for our Squirrels (4-5 years), we need adult volunteers in our leadership team. Please contact group@19thmaidenheadscouts.org.uk
- ❖ **Read:** Stephanie's journey with NET ministry <https://www.flipsnack.com/netministries/mpd-newsletter-team-4>

REGULAR EVENTS

- ❖ **3rd Sundays 3pm Filipino Mass** SJ Church
- ❖ **Mondays 10am Mother's Prayers** SJ Church
- ❖ **1st & 3rd Tuesdays 2.30 – 4.30pm Union of Catholic Mothers (UCM)** SJ St Liz Room
- ❖ **Thursdays Zoom Room: 2pm Rosary 6pm Journey together through Holy scriptures** www.tinyurl.com/2hz5axvp
- ❖ **Fridays 8.45-10:45am Baby & Toddler Group** SEC Centre (term time)
6pm Legion of Mary SJ Church. Contact Tereza for more info 07878 117907